



## BABY DEVELOPMENT - E-WORKSHOP

### 'How to understand and promote physical development in your baby's first year'

Bookings open for May 2021 (course runs monthly)

## Maximum Potential

This is a highly informative course full of essential information for parents of infants. It is designed to help parents understand and facilitate physical development in their baby's first year.

### Who should attend?

Parents to be (last trimester)

Parents of newborns

Parents of babies to 18months



Most new parents are aware of early years milestones from books, the internet and from family and friends.

This course will properly explain the fundamentals of your baby's physical development and will give you a deeper understanding of which milestone comes next and why it is really important to encourage the correct sequence.

You will learn easy and practical ways of stimulating your baby's physical milestones and foundational systems which are requisite for sustained early years development and which underpin your baby's ability to learn and progress.

Join our 90-minute interactive e-workshop presented by Maximum Potential's Senior Neurodevelopmental Physiotherapist, who is a highly specialised early years clinician with over 20 years expertise in foundational development.

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Please call or email to book.

Places are limited as we want to ensure that everyone attending has the opportunity to participate fully.